



Assessment of Activities of Daily Living (ADLs) Measures:

Whether the person can accomplish each activity independently, whether they need partial supervision or assistance and whether they are fully dependent on others.

- Personal self-care, (feeding oneself, bathing, using restroom, dressing, etc.).
- Mobility: ability to move from a bed to a standing position or to a chair (transfer), able to walk (with or without assisted devices) or use a wheelchair.

Assessment of Instrumental Activities of Daily Living (IADLs)

Assess whether the person can accomplish each activity necessary to manage their living environment independently or whether they are dependent on others.

- Shopping for groceries, housekeeping, cooking, etc.

Services Provided:

- Assessment
- Evaluation
- Individualized care planning
- Meeting with doctors and caregivers
- Regular home and facility visits
- Review financial, legal or medical issues
- Information and referral
- Counseling and support for caregivers
- Later life planning
- On going care management

TO INQUIRE ABOUT AN GERIATRIC CARE ASSESSMENT
Call 24-hours toll free: (866) 646-CARE (2273)

OR VISIT
www.diversifiedhealthcare.com
Click on "Elder Care"



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Elder Care Program

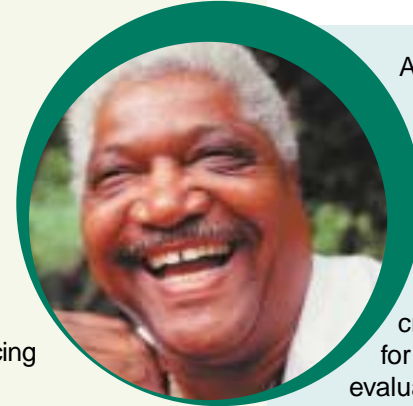


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OVERVIEW

The number of people over 65 years of age is increasing every day. Individuals are living longer. Today most people can expect to live well into their 80s. Aging is not a disease, it is a normal process; but as people grow older their health risks increase and can complicate the aging process. Elders that are experiencing such problems can now get help.

We here at Diversified Health Care Management Consultants, Inc., have instituted a program specializing in providing initial Elder Care Assessments to help determine what professional services are available to meet the needs of elderly members. We have qualified health care management consultants who can help you find the special care you need for your family.



All our Geriatric Care Managers are Registered Nurses (RNs) with an extensive experience in the geriatric field. Care managers also provide needs and problem assessments, screening, arranging, and monitoring in-home help, counseling and support including family conflict mediation and crisis intervention. In addition, we arrange for legal, financial, and medical services, evaluate housing options, and assist with relocating the elderly to the most appropriate setting. DHCMC, act's as liaisons to families who are separated by long distances from their elderly loved ones making sure they are managing well, and alerting them to any concerns or problems that may arise. Our Geriatric Care Managers (GCMs) have extensive knowledge about the services and resources in surrounding communities. It is our goal to make this experience as comfortable for you, and your family, as possible.

Consultant team members who will visit elders at home, in a hospital, or nursing home, are carefully screened for the following criteria:

- Qualified educational credits
- Up-to-date licenses
- Experience in Geriatric Care Management
- Background checks on all care consultants
- A demonstrated desire to assist the elderly in maintaining the highest quality of life

The health care team will include a network of trained personnel and elder's family members to determine their needs.

The Elder Care Program will address the challenges of caring for elderly family members and suggest road maps to identify needs, and to plan, coordinate and facilitate care and services. Initial observations and written assessments of services required are compiled and based upon individual health care needs.

REASONS TO CONSIDER A GERIATRIC CARE ASSESSMENT

How do you know when an assessment is needed?

- Forgetting to take their medication
- Unable to perform usual routine activities
- Inability to manage finances
- Excessive falling
- Increase in verbal or physical aggression
- Mental confusion
- Lack of energy
- Anxiety
- Inability to manage hygiene needs
- Physical problems, such as; injuries, burns, etc.
- Unusual behavior



TYPES OF ASSESSMENTS PROVIDED

Components of Comprehensive Geriatric Assessment (CGA)

- Psycho-social assessment (i.e., depression and substance abuse)
- Family and social support
- Medication review
- Health history
- Mental status exam (baseline assessment)
- Environmental assessment (Housing adaptations and barrier)
- Functional assessment includes Activities of Daily Living (ADLs) and Instrumental Activities of Daily Living (IADLs)